

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 	Upon request, a container of low fat milk is available to go after lunch	1 Tuna Salad Cold Sides	2 Grilled Chicken w/ Tossed Salad Cold Sides	C L O S E D
6 Comforting Lentil Bolognese Mexican Confetti Rice Spiced Mixed Vegetables	7 Chicken Salad Potato Salad Cabbage & Beet Salad	8 BBQ Chicken Quarters Corn Bread Steamed Carrots	9 Beef & String Beans Brown Rice Vegetable Mix	10 Chicken Legs w/ Stewed Tomatoes Bowtie Pasta w/ Kasha Capri Blend Vegetables
13 Breaded Vegetable Cutlet Brown Rice Health Slaw	14 Beef Hamburgers Red Potato Wedges Roasted Eggplant	15 Ginger & Lime Salmon Baked Sweet Potato Prince Edward Vegetables	16 Grilled Chicken Breast Black Beans & Rice Steamed Carrots	17 BBQ Chicken Leg Quarters Egg Barley Sautéed Green Beans
20 Egg Salad Cold Sides	21 Veggie Chicken Cacciatore Spaghetti Sautéed String Beans	22 Eggplant Chickpea Tagine (Moroccan Eggplant Chickpea Stew) Brown Rice w/ Kidney Beans Vegetable Mix	23 Dairy-Free Baked Ziti w/ Beef Capri Blend Vegetables	24 Baked Chicken Quarters Apple Noodle Kugel Roasted Zucchini
27 Scallion Ginger Tofu Stir Fry Brown Rice w/ Kidney Beans Steamed Carrots	28 Beef Meatballs in Tomato Sauce Spaghetti Roasted Eggplant	29 Tuna Salad Pasta Salad Cole Slaw	30 Lemon Salmon Couscous Steamed Green Beans	31 BBQ Chicken Leg Quarters Baked Potatoes California Blend Vegetables

