



Central Queens

GYMNASIUM SCHEDULE June 29th- September 4th, 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 - 10:00 am FULL COURT ADULTS	6:15 - 8:00 am ALL AGES	6:15 - 8:00 am ALL AGES	6:15 - 8:00 am ALL AGES	6:15 - 8:00 am ALL AGES	6:15 - 8:00 am ALL AGES	
3:00 - 5:00 pm FULL COURT ALL AGES	8:00 am - 6:00 pm CLOSED	8:00 am - 6:00 pm CLOSED	8:00 am - 6:00 pm CLOSED	8:00 am - 6:00 pm CLOSED	8:00 am - 6:00 pm CLOSED	12:00 pm - 3:00 pm FULL COURT ALL AGES
			6:00 - 8:00 pm Tweens/Teens*			
	6:00 pm - 9:30 pm CLOSED	8:00 - 10:00 pm ½ Court ADULT CO-ED	8:00 pm - 9:30 pm ½ Court Teens and Adults	8:00 pm - 9:30 pm ½ Court Teens and Adults		

**No Wednesday evening open gym on
July 22 and August 12**

Members may use the gymnasium at Commonpoint's Sam Field Center on Wednesdays between 11:00am and 12:30 pm from July 1 through August 12.

Proper attire and sneakers required.
Tweens - ages 11-12 years old
Teens - ages 13-16 years old
Adults - ages 17+ years old
Schedule subject to change

67-09 108th Street,
Forest Hills NY, 11375
(718) 268-5011
www.commonpoint.org