

A Quick Guide to Planting Your Wildflower Seeds

When?

All the seeds on our list should be sown outdoors from early March (or as soon as the soil is no longer frozen) to mid-April.

Where?

They grow best in the yard. They also do well in large pots on sunny balconies. They may not thrive indoors.

How?

Scratch the surface of your soil with a garden rake. Sprinkle the seed on the scratched soil. Press down on the seeded soil with your hands or a piece of cardboard. Do not cover with soil. Water.

Soil

You may use regular garden soil or a quality potting mix. Avoid fertilizers, as they may interfere with blooming. Avoid Big Box Store potting mix. It contains too much fertilizer for your needs. I usually use the Espoma brand, but most Certified Organic potting mixes will do.

Watering

Keep the soil moist until the sprouts reach 5 inches tall. Then water once a week if it doesn't rain. When growing your flowers in pots, make sure not to overwater. Always use a pot with a draining hole at the bottom.

For questions, contact MarieH at MZanzal@commonpoint.org.