67-09 108th Street, Forest Hills NY, 11375 (718) 268-5011

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GYMNASIUM SCHEDULE* September 2nd - December 23rd, 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6:15 - 8:30 am CO-ED ALL AGES	6:15 - 8:30 am CO-ED ALL AGES	6:15 - 8:30 am CO-ED ALL AGES	6:15 - 8:30 am CO-ED ALL AGES	6:15 - 8:30 am CO-ED ALL AGES	
8:00 - 10:00 am FULL COURT PICK UP BASKETBALL ADULTS	12:00 pm - 2:00 pm ½ Court ADULT CO-ED	12:00 pm - 1:00 pm ½ Court ADULT CO-ED	11:00am - 1:00 pm ½ Court ADULT CO-ED	2:00 pm - 3:00 pm ½ Court ADULT CO-ED	10:15 am - 2:45 pm ½ Court ADULT CO-ED	12:00 pm - 3:00 pm FULL COURT ALL AGES CO-ED
		8:00 pm - 9:30 pm ½ Court ADULT CO-ED	8:00 pm - 9:30 pm ½ Court ADULT CO-ED	8:00 pm - 9:30 pm ½ Court ADULT CO-ED		

Notes:

Proper attire and sneakers required.
Please refrain from bringing pocketbooks and gym bags

*Subject to change