

## Commonpoint - Bronx Center 1665 Hoe Ave Bronx, NY 10460 (718)619-8838 www.commonpoint.org

## GYM & FITNESS CENTER SCHEDULE September 2025 - October 2025

## \*Schedule subject to change\* \*Effective Monday September 1st\*

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 am to 9:00 am	Membership Access GYM, FITNESS	Membership Access GYM, FITNESS 8:00 am to 1:30 pm	Membership Access GYM, FITNESS	Membership Access GYM, FITNESS 8:00 am to 1:30 pm	Membership Access GYM, FITNESS	Membership Access GYM, FITNESS	Membership Access GYM, FITNESS 8:00 am to 1:30 pm
9:00 am to 10:00 am	8:00 am to 10:00 pm *Subject to closure if rented*		8:00 am to 10:00 pm *Subject to closure if rented*		8:00 am to 10:00 pm *Subject to closure if rented*	8:00 am to 10:00 pm *Subject to closure if rented*	
10:00 am to 11:00 am	Membership Access GYM, FITNESS 10:00 am to 1:30 pm		Membership Access GYM, FITNESS		Membership Access GYM, FITNESS	Membership Access GYM, FITNESS	
11:00 am to 12:00 pm							
12:00 pm to 1:00 pm			10:00 am to 1:30 pm		10:00 am to 1:30 pm	10:00 am to 1:30 pm	
1:00 pm to 2:00 pm							
2:00 pm to 3:00 pm							
3:00 pm to 4:00 pm							
4:00 pm to 5:00 pm							
5:00 pm to 6:00 pm							
6:00 pm to 7:00 pm							
7:00 pm to 8:00 pm	Membership Access GYM, FITNESS 7:00 pm to 10:00 pm *Subject to closure if rented*	Membership Access GYM, FITNESS 7:00 pm to 10:00 pm	Membership Access GYM, FITNESS 7:00 pm to 10:00 pm *Subject to closure if rented*	Membership Access GYM, FITNESS 7:00 pm to 10:00 pm	Membership Access		
8:00 pm to 9:00 pm					GYM, FITNESS 7:00 pm to 10:00 pm *Subject to closure if rented*		
9:00 pm to 10 :00 pm							